

# FACT SHEET

## Project Recovery: Supported Employment January 2013

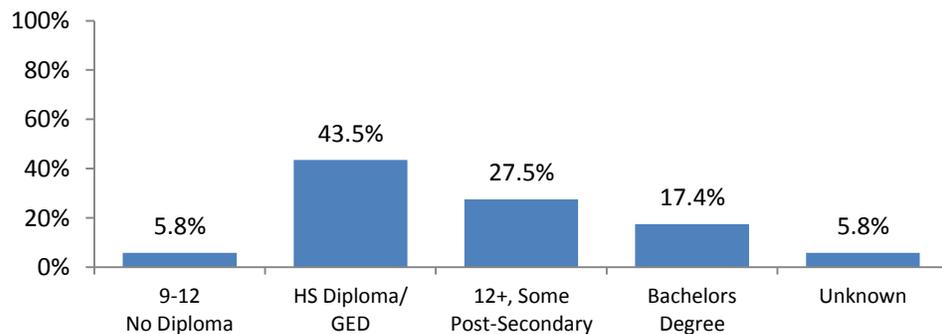
### BACKGROUND

Beaver County Rehabilitation Center (BCRC) began providing an evidenced-based practice approach to Mental Health Transformation Supported Employment (SE) services in October 2010; other SE services were offered in the past. Supported Employment, an evidence-based practice, is an "...approach to vocational rehabilitation for people with serious mental illnesses that emphasizes helping them obtain competitive work in the community and providing the supports necessary to ensure their success in the workplace."<sup>1</sup> The SE approach is consistent with BCRC's mission of working with the business community and local government agencies to "provide the opportunity for vocational growth and independence while respecting the dignity and uniqueness of each individual." This fact sheet focuses on data from the October 2011- September 2012, which was collected to assess SE consumer demographics and progress, and BCRC's fidelity to the SE model.

### DEMOGRAPHICS

- 69 total individuals currently enrolled with 50 of which joined between Oct. 2011 and Sept.2012
- 53.6% (37) were male and 46.4% (32) were female
- 71% of participants were between 24 and 54 years old
- Primary diagnoses of consumers include: depression (33.3%), bipolar disorder (31.9%), and schizophrenia (13%)
- 88.4% of consumers are Caucasian
- The majority (88.4%) of consumers have at least a high school diploma (see Figure 1)

Figure 1: Education Level of SE Consumers (N=69)



### FIDELITY TO THE SE MODEL

Outside evaluators assessed fidelity using data from interviews, intake forms, case notes and, invoices. BCRC's SE program demonstrated high fidelity to the model, scoring a rating of 4 or 5 on all but two of the 15 measures found on the Supported Employment Fidelity Scale<sup>2</sup>. Staff and consumer interviews yielded consistent feedback, and both groups expressed satisfaction with the program

#### KEY FINDINGS

BCRC's SE services are being implemented **with fidelity**; there was a **high level of consistency** among responses from both consumers and program staff who were interviewed; and the **program scored highly** on the vast majority of indicators.

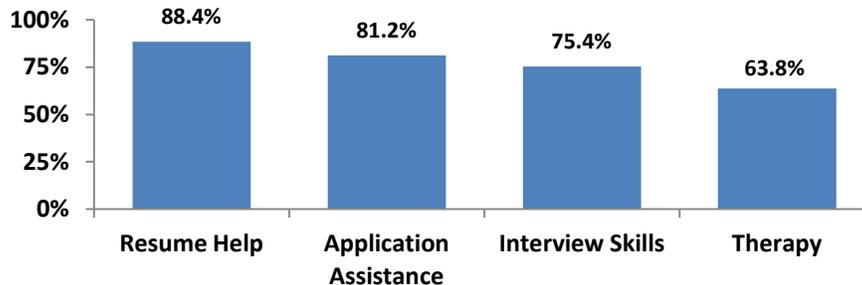
<sup>1</sup> Available at <http://store.samhsa.gov/product/Supported-Employment-Evidence-Based-Practices-EBP-KIT/SMA08-4365>

<sup>2</sup> For a more thorough discussion of the Fidelity scale and BCRC's SE program assessment see *Project Recovery: Supported Employment* December 2012 report.

## SE PARTICIPANT OUTCOMES: KEY FINDINGS

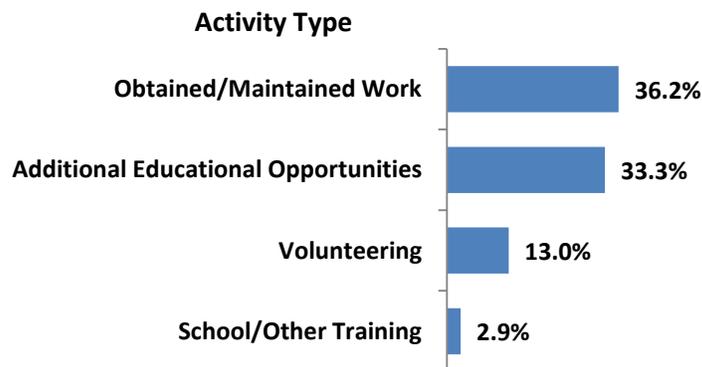
- During 2011-2012, nearly all of the sixty-nine SE clients received help with resumes, job applications, and interview skills (see Figure 2).

**Figure 2: Primary Services Received (N=69)<sup>1</sup>**



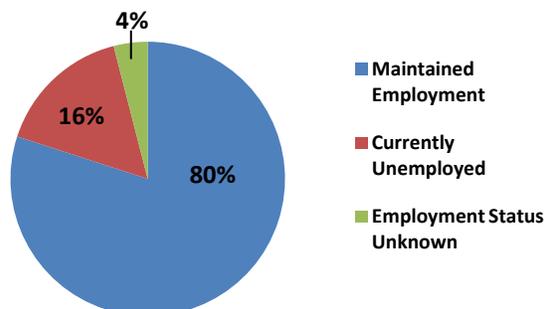
- Roughly half (50.7%) of consumers received less than 5 hours of service, 17.4% received between 5-20 hours, 10.1% received greater than 20 hours, and 21.7% was unknown.
- Over half (56.5%) of those receiving services have obtained and/or maintained employment, are volunteering, are enrolled in school or a training program, or participate in additional educational opportunities.

**Figure 3: Consumer Activities (N=69)<sup>1</sup>**



- Of the 25 consumers that obtained employment, the majority (80%) had been successful in maintaining employment, and for three individuals their job was their sole source of income at the time of the assessment.

**Figure 4: Employment Outcomes (N=25)**



*"The employment specialist is very helpful. She allows sessions to be driven by me and we go at my pace."*  
-SE Consumer

*Staff stressed the importance of client choice- Clients decide when they are ready to search for jobs and where they apply.*

*"Employment specialists think outside the box and provide new insights into my challenges."*  
-SE Consumer

<sup>1</sup> Note: A consumer may be represented in more than one category.