



# Fact Sheet: HELP Team Intake Data Review

## HELP Team Purpose

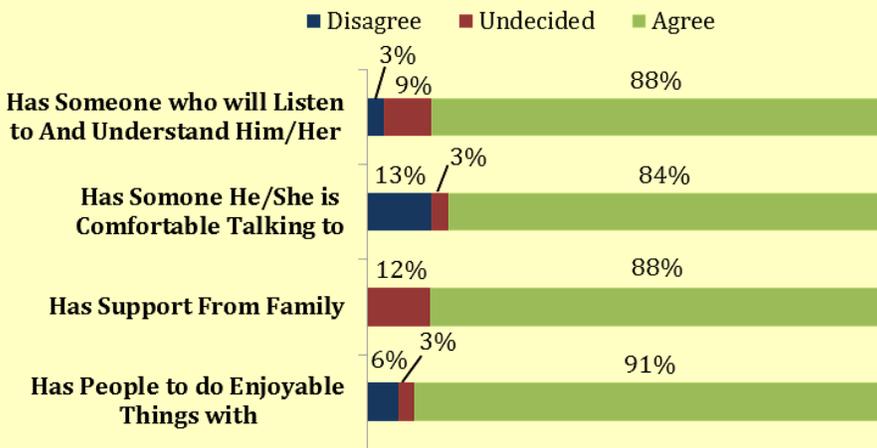
To provide a mobile service to youth and families dealing with some type of behavioral health crisis and who might need help in accessing services for the first time in Beaver County. Youth and families have their own definition of a crisis, which could include issues related to substance abuse, mental illness, or difficulty in school or work. The team consists of a Registered Nurse, a recovery coach, and two counselors. The team aims to contact all clients within 24 hours of a referral and have a face to face visit with most clients within the same time period. The HELP Team then refers clients to other services within the system of care, which could include case management or family based services. This fact sheet will present data collected at intake from HELP Team youth clients.\*

## HELP Team

35 enrollments since May 2015\*\*  
76% Male; 24% Female  
83% White; 14% Black/African American  
Average Enrollee Age: 14

\*\*Data presented covers youth clients enrolled in data collection by the HELP Team between May 2015 and June 2016. N's for all charts are 35 unless noted otherwise.

## Social Connectedness



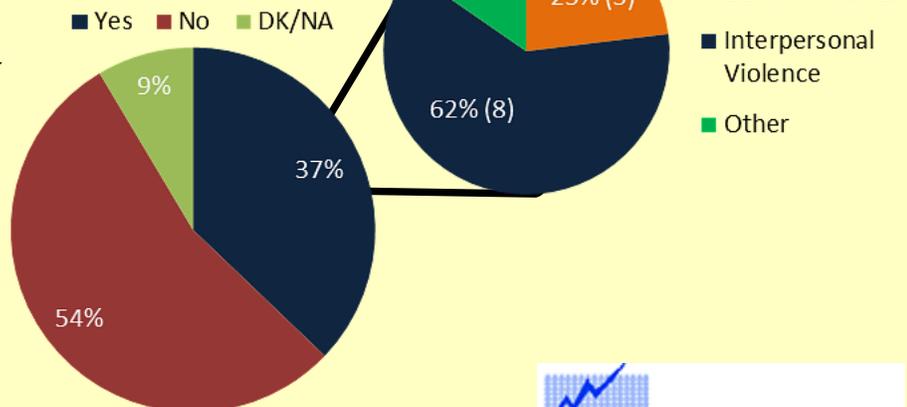
## Social Connectedness

- Questions about social connectedness require the client to evaluate the quality and strength of their relationships with family and friends.
- Most HELP Team clients (at least 84%) indicated a high level of social connectedness with friends and family.
- The social connection that clients most frequently indicated *not* having was someone they feel comfortable talking to about their problems (13%).

## Trauma\*\*\*

- Over one-third (37%) of HELP Team clients have experienced some type of trauma.
- Of those who have experienced trauma, nearly two-thirds (62%) indicated encountering physical, sexual, or psychological violence.

## Clients ever having experienced Trauma



\*Data was collected through funder-required instruments: the National Outcomes Measurement System (NOMS) and the Data Collection Instrument (DCI).

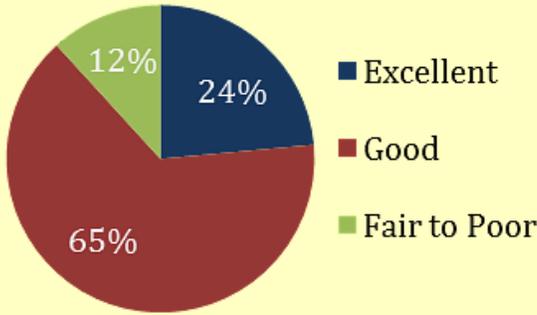
\*\*\*The NOMs does not collect data on trauma or the consequences of experiencing trauma. Questions from the DCI were added in order to collect trauma data.





## Health and Functioning

### Reported Overall Health Status at Baseline

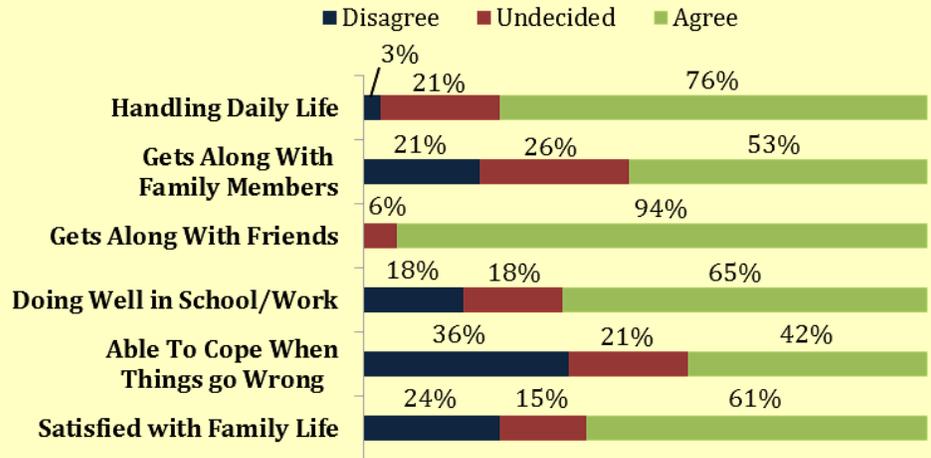


- Most HELP Team clients agreed that they were able to handle day-to-day interactions and social situations.
- Over one-third (36%) of clients reported difficulty with coping when things go wrong and one-fifth (21%) had difficulty getting along with family members.

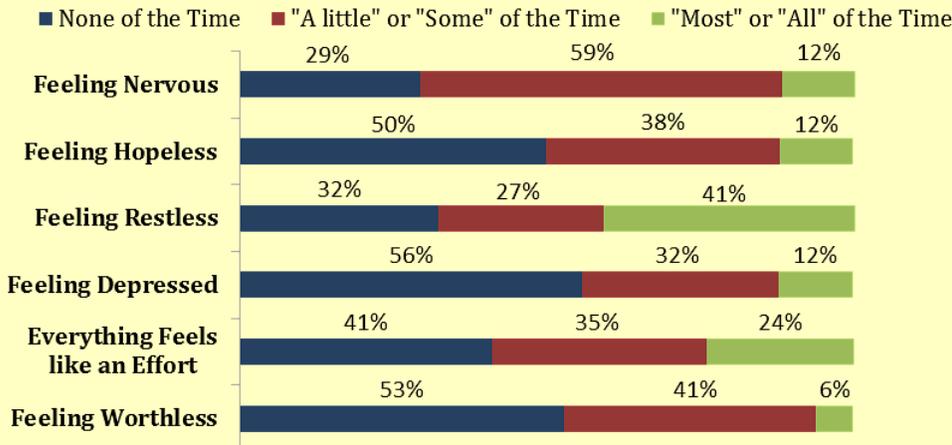
- Questions about functioning ask the client to reflect on their overall health, whether they were able to deal with everyday life, and to gauge their emotional well-being during the past 30 days.
- It is important to compare all three dimensions of health and functioning in order to see a more complete picture of a clients physical and mental health status at enrollment.
- Most clients (89%) indicated their overall health status as "Good," "Very Good," or "Excellent."\*

\*Percentages may exceed 100% due to issues of rounding.

### Functioning: Everyday Life (Past 30 Days)



### Functioning: Emotional Well-Being (Past 30 Days)



- HELP Team clients' responses were more varied when it came to gauging their emotional well-being than when asked about their everyday functioning during the past 30 days.
- At least half indicated never feeling hopeless (50%), depressed (56%), or worthless (53%).
- The two feelings that clients most frequently indicated having (i.e. "Most" to "All" of the time) over the past 30 days were restlessness (41%) and feeling like everything was an effort (24%).