

ARE YOU LOOKING FOR:

A place to LEARN skills to help you deal with daily stressors

A place to support you through difficult issues in your life

An environment that helps to empower and uncover your strengths

Stanton Clinic's Adolescent IOP Program

Starting October 21, 2019

-Location: 111 Hazel Lane
Sewickley Pa 15143

-Intake number: 412-749-7330

-Group days and time: Mondays, Tuesdays, and Thursdays from 3:00PM-6:00PM

-Group size: Capped at 10 people

-Program requires weekly family sessions to enhance engagement and provide the family unit with skills and solutions

-Medication management on site as needed

-Curriculum includes: Dialectical Behavioral Therapy (DBT), Cognitive Behavioral Therapy (CBT), and Experiential and Expressive activities