

Zero Suicide Team Leader 12/20/2019 Minutes



Welcome, Intro & Sign-in

New Team Leaders:

- David Cottington, Homemaker Home Health
- Abby Opal, MHA , First Presbyterian Church of Beaver
- Pastor Bill Huggins, First Baptist Church of Rochester

Called in:

- Dave Aitken - NAMI & AARP
- Tony Rivera – VA Suicide Prevention
- Kerri Nesmith - RHD

The minutes from 11/12/19 were approved.

Progress/Updates:

- Kelly N. reports that BCBH held 3 Lunch and Learn sessions, screening The Ripple Effect. BCBH staff also added suicide awareness and prevention information to their email signatures.
- Maureen Hawk reports that all BCRC staff train annually in Suicide Awareness. The Ripple Effect has been seen at the BCRC office and Aurora; will continue to screen it until all staff have seen it. BCRC staff keep crisis cards in all vehicles, by their phones and on their website. They've also generated a list of local community resources for the people they serve.
- Marcy – CRS, reported an error message when submitting the Organizational Self Study on the Zero Suicide Website. Diane Flick from PHN, indicated getting a similar result. It was suggested that anyone may still need to complete the self-study for their agency, complete the paper version.
- Discussion was held on how agencies developed their workgroups to complete the Organizational Self Study and roll out the Zero Suicide toolkit.
- MHFA has been added to Police Academy Curriculum.
- Next YAP Event: January 15th at CCBC Dome from 9:00a – 1:30p

Zero Suicide Webpage:

- Bonnie mentioned the addition of the System of Care “button” on the BC-System of Care website’s main page.
- Additions to the Zero Suicide webpage include:
 - The top of the webpage is now a resource for: Next meeting date, time, location, and dial-in information.
 - The group decided that a printable file of the latest minutes will be helpful just below.
 - Suicide Loss and Healing Support Group, Lifeline of Listening Friends, and a link to “Other Local Resources for Loss and Grief” (a different SOC Webpage were added to the bottom of the Zero Suicide webpage.

Upcoming Screenings - *Suicide: The Ripple Effect*

- **Geneva – 1/29/2020 at John White Chapel** 2 student clubs: poster campaign and social media campaign on campus, educating the campus on suicide, suicide prevention, dispelling myths, etc. Grant-funded through the PA Higher Education Suicide Prevention Coalition
- Recently attended the Superintendents meeting to discuss the Zero Suicide initiative and review the film. Schools were asked for help in educating the community. As a result, a few schools have already expressed interest.

REMINDER: Want to plan a screening? Contact EMajors@cbh.org (The county provides a staffed table with resource cards, magnets, crisis/text cards and other helpful information to anyone hosting a screening.

Youth Listening Session (Update provided by Maureen Hawk, BCRC)

- Held on December 5th at Aliquippa High School
- 43 youth from 5 different schools attended
- Students did an excellent job voicing their concerns and providing feedback to the State such as a need for more education for teachers and parents, access to providers, and more training for youth so they are better equipped to support their peers.
- PA will take this feedback into account as they are developing the PA Statewide Suicide Prevention Work Plan.

Action Items: Invite to Zero-Suicide Table -

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| • Primary Health Network - PCPs | Diane Flick |
| • Beaver County Council of Governors | Abby Opal |
| • Other Physicians | |
| • HVHS - PCPs | Rachel Kyle |
| • Beaver County Police | Abby Opal |
| • Coroner | |
| • Big Brothers/Big Sisters of Beaver County | Noah Kairis |
| • D.A.R.E. (Drug Abuse Resistance Education) | Noah Kairis |
| • Central Outreach | Noah Kairis |

Training Needs identified:

- YMHFA (Youth Mental Health First Aid)
- MHFA (Mental Health First Aid)
- tMHFA (teen MHFA has teamed up with Born This Way Foundation to bring this program to the United States in 2020. This in-person training teaches high school students about common mental health challenges and what they can do to support their own mental health and help a friend who is struggling.)
- First Responders
- QPR (Question, Persuade, Refer) - only 3 hrs.

Next Steps:

- Care Cards
- BCBH email signature
- Developing educational bags to be distributed in ED and Inpatient units

Next Meeting – January 17th 2020 at 1:00pm at BCBH (2nd floor)