

# ARE YOU VETERAN X ?



## You just might be and not know it!

Team up with other Veterans for the Mental Health Association's new Veteran X program. You'll **work together to solve simulated, everyday problems** experienced by a fictitious Veteran X.

**GOAL** Helping Veteran X work through his or her personal challenges empowers you to change your own life.

**WHEN** Mondays 6 - 8pm (beginning March 2, 2020)

**WHERE** Mental Health Association

