

Non-Face-to Face

Recovery Support Options

By Phone:

AAPHonemeetings.org

NAbyPhone.com

Online:

smartrecovery.org/community (registration required for access)

AA-intergroup.org

Intherooms.com

myrecovery.com

neveraloneclub.org (NA online meetings)

unityrecovery.zoom.us/my/allrecovery

Podcasts:

Mother Recovering: motherrecovering.com/listen/

This Naked Mind: thisnakedmind.com/category/podcast/

Recovery Elevator: recoveryelevator.com/podcasts/

Sober Girl's Guide: asobergirlsguide.com/podcast

That Sober Guy: thatsoberguy.com/podcast

YouTube Videos:

AA Speakers

NA Speakers

Celebrate Recovery

SMART Recovery

Helpful Apps: AA Big Book, NA Speakers, Celebrate Recovery, Recovery Devotionals, Recovery Path, Sober Tool, 7 cups of Tea, Connections (a CHESS Platform)