SAFETY PLANNING
FOR THE MENTAL HEALTH PROFESSIONAL

PRESENTED BY MATTHEW WINTERSTEEN
THOMAS JEFFERSON UNIVERSITY
DEPARTMENT OF PSYCHIATRY & HUMAN BEHAVIOR

This training will provide an overview of safety planning, a brief clinical intervention that empowers individuals to recognize and utilize their own strengths and resources to manage periods of rumination and contemplation of suicide behavior. The second half of the training will be a Safety Planning demonstration and Q & A session.

VIRTUAL TRAINING

January 22, 2021

10am-12pm

Register at: https://us02web.zoom.us/meeting/register/tZIkf-yhrTwtEtRRzjomFNwpMO-1IIAp73UZ

Sponsored by the Beaver County Zero Suicide Initiative