

Zero Suicide Team Leader 02/21/2020 Minutes



Welcome, Intro & Sign-in

- Barbara Reed, Jesse Putkoski, Bonnie Palmieri, Stephanie Santoro, Kelly Nardone, Elisia Majors, Kim Anastas, Michel Vasiladiotis, Daniel Viscuso, Mike Kryder, Melissa Coakley, Maureen Tidwell, Erin Rathbun, Jennifer Boeringer, Echo Funk, Lynn Bouchier, Jan McGinnis, Jodi Platz, Jaci Palmer, Marissa Moyer, Pastor Phil Huggins, Jennifer Chmell, Amy Solman, Heather Kaminski, David Cottingham, Liz Pelesky, Cory Getz, Patty Hodovanich, Denise Palguta, Kari Nesmith, Jonathan Hughes, Angela Masciantonio, Courtney Dawson

The minutes from January meeting were approved.

Progress/Updates:

- BCRC added crisis cards in agency vehicles.
- Nicolina's Wishes is creating Kindness Cards for youth in Inpatient BH settings. They also have created a toolkit that can be signed out. Three of their handouts have been included on the bc-systemofcare.org website.
- AFSP – AFSP.org – Jesse spoke about what American Foundation for Suicide Prevention does.
 1. Educational programming
 - Talk Saves Lives
 - More than Sad
 - It's Real
 - Healing Conversations
 - International Survivor of Suicide Loss Day – day before Thanksgiving
 2. Need Volunteers for AFSP
 - a. Cover 25 counties
 - b. Suicide Support Group Training
 3. Project 2025 decrease suicide by 20% by 2025
Four critical areas have been identified to save the most lives in the shortest amount of time. AFSP plans to partner with organizations in these 4 areas to accomplish this goal:
 - Firearms
 - Healthcare
 - EDs – bedside assessments
 - Correctional facilities
 4. Additional educational programs being developed:
 - Workplace
 - Young children (before middle school)
 5. 5/9/2020 – Pirates Game – Suicide Prevention Awareness Day
 6. PA State Advocacy Day will be held on April 7th in Harrisburg. For additional information contact: Jesse Putkoski jputkoski@afsp.org or Pat Kimmel, our Advocacy Co-Chair, at thekimmels5@verizon.net
- Butler County CISM & Loss Team - local outreach for Suicide Survivors – immediate response team. 2-3 respond 24/7 to support by getting people what they needs from making calls to getting water to offering empathy and support. Members of the Beaver County and Butler County CISM teams have been trained. Beaver County will be hosting a CISM training in April.
- Beaver County Coroner's Office
Discussion held on the resources provided to the families and if additional supports are needed. Question was raised: Do funeral homes have resources for families?
2016: 1,954 deaths, 22 suicides, 109 overdoses
2017: 1,951 deaths, 25 suicides, 82 overdoses
2018: 1,883 deaths, 23 suicides, 41 overdoses
2019: 1,837 deaths, 21 suicides, 61 overdoses

Causes: terminal illness, alone/lack of support

Group suggested that it might be helpful to know ages and number of attempts.

A recent increase in cremations was reported.

- Beaver HS – 3/24 from 6-7 Teen Dating Violence 101 – for adults only
 - This group needs representation from Senior Centers and BC Office on Aging
 - Central Valley Middle School group – 3/23- presenting MH information to their peers (just for CVSD students)
 - Southside SD – 4/1 MH Awareness event for their school district
 - Bonnie is creating a draft of the Care Cards that will be distributed by Warmline to those discharged from HVB IPH BH.
 - Dan Miller Summit – 200 youth including representation from Beaver Co.; AFSP will be present
-

Update on Screenings - *Suicide: The Ripple Effect*

- Held 14 screenings; nearly 600 people have viewed the film since September 2019.
3 scheduled:
 - 1) New Brighton/Rochester schools – 3/25
 - 2) Aliquippa Impact
 - 3) Let's Talk about Mental Health – 4/4/2020 from 9-12:30 – First Presbyterian Church in Beaver. Abby – 724-524-8151
- Geneva – 1/29 – 60 in attendance + vendors, students, faculty and community attended. Needs: Want to know signs & symptoms, need an opportunity to talk more about MH and Suicide, and know what to do. Would like to train all staff in MHFA.

REMINDER: Want to plan a screening? Contact EMajors@bcbh.org

(The county provides a staffed table with resource cards, magnets, crisis/text cards and other helpful information to anyone hosting a screening.)

Light the Way Campaign – 5/4-5/10

- Goal of the campaign is to increase awareness for MH, decrease stigma and educate the community on available resources
 - 7th annual Wellness Walk/Ice Cream Social – 5/6/2020 – need volunteers
 - Encourage all to participate in some way.
 - 5/6/2020 - Green light =you can talk to me- Wellness Walk (11-1)/Ice Cream Social (1-2:30)
-

Next Steps:

- Marketing
- We will survey this group on suicide assessment tools to gain a better understanding of what is being used and what is needed.
- Care Cards are being created.

Next Meeting – March 20, 2020 at 1:00pm at BCBH (2nd floor)
