

# VIRTUAL Co-Occurring Disorder Series

## 2020

9/2/2020	Understanding Co-Occurring Disorders
9/16/2020	Screening, Referral & Resource Tools for Clients with Co-Occurring Disorders
9/30/2020	Moving Clients with Co-Occurring Disorders Through the Stages of Change
10/14/2020	Self-Care as an Ethical Priority
10/28/2020	Suicide in the Co-Occurring Culture
11/18/2020	Effective Group Approaches for Individuals with Co-Occurring Disorders
12/2/2020	Engaging Families to Improve Co-Occurring Outcomes
12/16/2020	Choice & Voice: Helping Clients with Co-Occurring Disorders Manage Medications
1/13/2021	A Look at Special Populations: Homeless, Military & Veterans, and Criminal Justice
1/27/2021	Another Look at Special Populations: Women, Older Adults, and LGBTQIA+
2/10/2021	One More Special Population: The Young Brain
2/24/2021	Aggression, Domestic Violence and More in the Co-Occurring Culture
3/10/2021	Clinical Assessment & Documentation for Co-Occurring Disorders

We have taken into consideration that it can be REALLY hard to sit through LONG, virtual trainings, therefore the COD trainings have been separated and condensed into 3-hour trainings for this round.

**Please note, due to the unknown future Covid-19 restrictions, at this time all trainings will be virtual, until further notice.**  
Trainings will be from 9am-12pm

### **Understanding Co-occurring Disorders (9/2/2020)**

This introductory session is an overview of the Co-Occurring Disorder Series. The training focuses on culturally competent identification of the characteristics of co-occurring mental health and substance use disorders, as well as evidence-based models that treat co-occurring disorders concurrently and collaboratively.

### **Screening, Referral & Resource Tools for Clients with Co-occurring Disorders (9/16/2020)**

Individuals with co-occurring disorders often show up in various settings. Appropriate and culturally competent screening, referral and resource tools help match those individuals to the best services. This training focuses on “no wrong door” which allows clients to get some direction and support regardless of where they go or whether the connection is live or virtual.

### **Moving Clients with Co-Occurring Disorders Through the Stages of Change (9/30/2020)**

Prochaska and DiClemente’s Stage Theory is a highly researched model that is helpful when working with clients with mental health issues and substance use disorders with various cultural backgrounds. This training will review the various processes of change, as well as techniques to help clients move forward in their overall recovery.

### **Self-Care as an Ethical Priority (10/14/2020)**

Dealing with our own lives impacts how we work with clients. Behaviors from clients can trigger our unhealed wounds. The additional stress of being an “invisible essential worker” during COVID-19 has provided additional impact. This training will look at the importance of self-care and how it impacts our ethical decisions.

### **Suicide in the Co-occurring Culture (10/28/2020)**

Mental health and substance use issues can be precursors to suicidal thoughts and attempts. This training will look at this connection and help participants examine their own views regarding these behaviors. In addition, participants will review the importance of on-going screening, assessment and intervention regarding suicide while treating clients with dignity.

### **Effective Group Approaches for Individuals with Co-Occurring Disorders (11/18/2020)**

There are significant advantages to using group approaches when working with clients with co-occurring disorders. This training will review the ideal group dynamics, as well as creative group ideas, including for virtual groups. In addition, the benefit of self-help groups, such as 12-step groups, will be discussed.

### **Engaging Families to Improve Co-Occurring Outcomes (12/2/2020)**

Family cultural and dynamics have a significant impact on the success of treatment and recovery for individuals dealing with co-occurring disorders. This training will review methods to positively engage families and help them strengthen and grow. In addition, we will focus on relapse issues that can be impacted by dysfunction in the family and how to teach skills to clients to cope with dynamics they cannot change.

**Choice & Voice: Helping Clients with Co-Occurring Disorders Manage Medication (12/16/2020)**

Medications are often a helpful, and sometimes necessary, tool when working with co-occurring clients. This training will educate clinicians about the basics of medications for mental health issues, as well as substance use disorders. A review of how to help clients navigate their medication disclosure, including in a 12-step environment, will also be discussed.

**A Look at Special Populations: Homeless, Military & Veterans, and Criminal Justice (1/13/2021)**

Understanding the generalities of co-occurring disorders is not enough. Community workers in various settings must also be aware of how sub-cultures are impacted in different ways. This advanced training will cover additional complications that those involved with homelessness, criminal justice, and the military may experience.

**Another Look at Special Populations: Women, Older Adults, and LGBTQIA+ (1/27/2021)**

Understanding the generalities of co-occurring disorders is not enough. Community workers in various settings must also be aware of how sub-cultures are impacted in different ways. This advanced training will cover a review of special concerns regarding women, older adults, and the LGBTQIA+ community.

**One More Special Population: The Young Brain (2/10/2021)**

Childhood, adolescence, and young adulthood are times for significant growth—physically and emotionally. Because the young brain is not fully developed until around age 25, it responds differently than an adult brain. This training will focus on these developments and how the young brain is impacted by mental health and substance use issues.

**Aggression, Domestic Violence and More in the Co-Occurring Culture (2/24/2021)**

Mental health and substance use issues are often entangled with aggression and domestic violence, as well as other unsafe behaviors. This advanced training will look at this connection and help participants understand the importance of on-going screening, assessment and intervention regarding violence while also keeping themselves and the community safe.

**Clinical Assessment & Documentation for Co-occurring Disorders (3/10/2021)**

Accurate and thorough assessment, treatment planning and progress notes are an important part of any clinician's role. This advanced training for clinicians will focus on integrating these processes and documents efficiently in order to provide ease of treatment and collaboration, as well as protection for staff.

**\*A certificate of attendance will be sent out for each training of the series\***

This program is offered for 3 hours of social work continuing education through co-sponsorship of the University of Pittsburgh's School of Social Work, a Council on Social Work Education accredited school and therefore a PA pre-approved provider of social work continuing education. These credit hours satisfy requirements for LSW/LCSW, LMFT, and LPC biennial license renewal, For information on social work continuing education call **(412) 346-8044**

**Thank you!**

# Registration For VIRTUAL COD 2020 Series

**\*\* All of the trainings in this series will be virtual, on the Zoom platform from 9am-12pm\*\***  
This Beaver County training series is free of charge, pre-registration is recommended, as space is limited.

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First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Agency: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

**Please indicate which training(s) you would like to attend:**

- a) 9/2/2020    \_\_\_ Understanding Co-Occurring Disorders
- b) 9/16/2020    \_\_\_ Screening, Referral & Resource Tools for Clients with Co-Occurring Disorders
- c) 9/30/2020    \_\_\_ Moving Clients with Co-Occurring Disorders Through the Stages of Change
- d) 10/14/2020    \_\_\_ Self-Care as an Ethical Priority
- e) 10/28/2020    \_\_\_ Suicide in the Co-Occurring Culture
- f) 11/18/2020    \_\_\_ Effective Group Approaches for Individuals with Co-Occurring Disorders
- g) 12/2/2020    \_\_\_ Engaging Families to Improve Co-Occurring Outcomes
- h) 12/16/2020    \_\_\_ Choice & Voice: Helping Clients with Co-Occurring Disorders Manage Medications
- i) 1/13/2021    \_\_\_ A Look at Special Populations: Homeless, Military, Veterans and Criminal Justice
- j) 1/27/2021    \_\_\_ Another Look at Special Populations: Women, Older Adults, and LGBTQIA+
- k) 2/10/2021    \_\_\_ One More Special Population: The Young Brain
- l) 2/24/2021    \_\_\_ Aggression, Domestic Violence and More in the Co-Occurring Culture
- m) 3/10/2021    \_\_\_ Clinical Assessment & Documentation for Co-Occurring Disorders

**Please indicate if you are requesting:**

\_\_\_ Social Work Credits (3 Credit Hours)(See above) Last 5 of SS# (For credits only)\_\_\_\_\_

**ZOOM links for the trainings will be sent out prior to each training.**

**Questions? Email Jennifer Boeringer @**

**[Jennifer@etc-pa.com](mailto:Jennifer@etc-pa.com)**