

Advantages of Choosing a Voluntary Commitment (“a 201”)

YOU CAN DO IT!

KNOW YOUR SYMPTOMS!

TAKE CONTROL!

SELF-ADVOCATE!

STAY SAFE!

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IT'S ALL ABOUT YOU!

- You can discreetly request a psychiatric evaluation at any **Outpatient Provider**, local **Emergency Room** or at **UPMC Beaver County Crisis** and work with the staff to determine the level of treatment that you need.

UPMC Beaver County Crisis can be reached by phoning **724-371-8060**.
(Toll-Free: 1-800-400-6180)

WHEN YOU NEED TO BE HOSPITALIZED

- If a hospital admission is necessary, **YOU** can select where you go for treatment. Two local options (depending on availability) include:

Heritage Valley Beaver
(formerly The Medical Center, Beaver)
1000 Dutch Ridge Road
Beaver, PA 15009
Phone: (724) 728-7000

Heritage Valley Kennedy
(formerly Ohio Valley Hospital)
25 Heckel Road
McKees Rocks, PA 15136
Phone: (412) 777-6161

- Under a 201 commitment, **YOU** have more rights and more control of the length of your hospital stay. For example, with a written notice, **YOU** can request your discharge date. On the other hand, **YOU** can extend your in-patient stay for as long as you and/or the medical staff believe that there is a continued need for treatment.

PRIVACY

- Your Protected Health Information (PHI) is confidential and protected under HIPAA and Pennsylvania regulations.
- Under a 201 commitment, no information is submitted to the PA State Police regarding your psychiatric admission or treatment.

A VOLUNTARY COMMITMENT (a “201) IS DRAMA FREE

- **No police.**
- **No restraints.**
- **No required hearings during the admission process.**

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