

Beaver County Behavioral Health is pleased to sponsor...

Youth Mental Health First Aid Training

Beaver Valley IU
147 Poplar Ave
Monaca, PA 15061

May 12, 2023
9:00am – 5:00pm

Youth Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis. Youth Mental Health First Aid is primarily designed for adults who regularly interact with young people. The course introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations.

Topics covered include anxiety, depression, substance use, disorders in which psychosis may occur, disruptive behavior disorders (including AD/HD), and eating disorders.

Youth Mental Health First Aid

This training *is FREE* of charge, but pre-registration is required.

First Name _____ Last Name _____

Agency: _____

Address: _____

City: _____ ZIP: _____

Phone: _____ E-mail: _____

Return the completed registration form to: jennifer@etc-pa.com
Registration begins at 8:45 am. Lunch is on your own.

Education & Training Consultants, LLC
251 Woodside Road
Pittsburgh, PA 15221